

**SJMV BAJSS ARTS AND COMMERCE COLLEGE FOR WOMEN
RANEBENNUR**

MINOR RESEARCH PROJECT UNDER UGC (XII) PLAN

Project Title: "IMPACT OF DIVORCE ON CHILDRE"
(With reference to Davanagere in Karnataka)

EXECUTIVE SUMMARY

The turmoil and shock of the first stage gives way to a deeming recognition of the realities of divorce. The legal process of negotiation and /or adversarial conflict between spouses finally yields a divorce decree during this time. Patterns of economic support, custody and visiting schedules set down in the initial period of the separation become routine.

Although adult children are often able to finally escape the day-to-day tensions and the shuffling from house to house (some escape by moving far away) they still experience considerable pain around holidays and special events the children also continue to have to struggle with how to share their time with expanded families who often still harbour much anger at one another. In other words, in most families, the pain never totally goes away.

Children often feel they are at fault. They may feel that something the child or said caused a parent to leave sometimes children or teens feel they have to "take care of" one or both of their parents. Giving up one's childhood to care for emotionally troubled parents is a widespread characteristic in children of divorce. They also grieve. Divorce is a major loss in the lives of children and them to mourning a death. They may also experience conflicts of loyalty.

In this study it was found that significant number of children of divorced has difficulty in maintaining relationship (92.5%). Fulfilling social obligations (90%) obeying authorities (85%), enjoying entertainment (70%). The most affected area in social functioning is maintaining relationships and this can lead to the feeling of the lack of close supportive friends.

The changes in coping patterns between both the gender is very noticeable. Though both the gender suffers from the social as well as psychological problems, the disparity between the impact of divorce on boys and girls cannot be neglected. Gender differences play major role in the way they adjust with social with social as well as psychological situations.

Girls (61%) cope better than boys (81%) in case of psychological problems. In terms of personal relationships, obeying authorities and completing social obligations girls come better. While in case of enjoying recreational activities boys come better.

Almost three fourth of the respondents suffer from psychological problems the most affected area is problems relating to general physical health (GPH) and depression from anxiety (77.5%) and psychosomatic disorders (60%).

In this study it was found that irrespective of any religion. The children of divorced has similar problems. Influence of religion on impact of divorce is irrelevant.

It was found that though children are able to come with the situation. They have difficulties in facing problems that arise towards the later stage of life and there might be a re-emergence or emergence of problematic behaviour in children.

SUGGESTION

No single factor has a greater impact on the health of all family members. Parents locked in marital conflict expose their children to chronic tension, as abusive environment, constant sabotage of parenting, and the direct. Research repeatedly demonstrates the children and their parent develop significant emotional and medical symptoms in this “toxic” family.

Parent’s being good role models is necessary to make the upbringing process successful. When the parent offers the contradictory example, they underline all what they advised the taught to their children.

Grandparents, friends, religious affiliations, parent support group, and individual counseling are resources many parents and children find helpful during this difficult time of divorce transition. The very first thing parents and other adults who home to help youngsters come effectively with divorce-related stresses need to know is the critical importance of being able to communicate constructively with children. This is the cornerstone of assisting all children who are faced with stress.

There has to be pre divorce as well as part divorce counseling of parents and the children to help the parents understand their child, resolve the negative/hurt feelings towards their spouse, to come with the situation and help them to understand the importance to act in a manner which is constructive rather than destructive for their children and to work with them.

Counseling for children will help them to overcome their psychological and social problems to some extent. It helps them to understand why their parents are separated and how they have to deal with the situation it also helps them to speak with their parents more openly about their own problems.

It is always better to avoid divorce savings people from divorce means saving a family. Hence there has to be a propagation of the importance of parents being together. The people has to be sensitized about the emotional distress the children of divorced

suffer information regarding better communication pattern and adjustment behaviours in family life has to be provided to people through pre marriage and out marriage courses.

Teacher in schools have to be trained to deal with such children. They have to be able to understand these children's needs and provide support psychologically as well as help them to adjust socially.

CONCLUSION

Divorce is a legal discontinuation of marriage by a court and the study based on helping the children. The emotional distance and conflict between their parents of family life. The children are universally surprised and frightened by the knowledge the divorce will occur. The children never understand and need for divorce.

The child socializes and learns from the family first, it has a major role in meeting the psycho-social needs of the child, in some families separated or divorced it affects the child and this situation can make problematic children to the society. So it is always good to avoid divorce and proper understanding between the couple.

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